



**The Bowen Forum
Annual General Meeting**
16th January 2010 at 2pm

The Institute of Education
20 Bedford Way
London WC1H 0AL
www.ioe.ac.uk

Chairman's Annual Report

The last few months of 2009 saw exceptional activity for the Bowen Forum as it pressed forward to complete the regulatory submission for the Complementary and Natural Healthcare Council (CNHC).

It now seems a long time since the House of Lords' recommendation in 2000¹ and the establishment of the Federal Working Group to enable the CNHC in 2009 to open to applications for registrants.

We owe a debt of gratitude to the Prince's Foundation for Integrated Health who during recent years has funded this important work for the Department of Health. With the submission of the regulatory framework for UK Bowen Therapy, this period of transition ends and a new era commences with the appointment of the four Professional Specific Board members.

These appointments subject to formal ratification by the CNHC follow an advertising and interview process which I am delighted to say generated a lot of interest among professional colleagues. The work of the PSB has now started with a meeting with the CNHC in mid November 2009 and as your professional representatives I hope you will get to know them:

- Alistair Rattray
- Angela Cannon
- Gillie La Haye
- Sarena Baxter

The PSB will provide essential feedback and regular updating on the applications to the CNHC, communicated through the professional associations and other electronic means in early 2010.

Arising from these posts, the Bowen Forum will now become the Bowen Professional Forum, working closely with BTER, BAUK and PSB. The work of the new Forum will commence on January 1st 2010 and we would all welcome any colleagues who might wish to be involved. I hope those who may be interested will attend the AGM on 16th January 2010.

The Bowen Forum owes much to the two associations BAUK and BTER who have helped with grant funding during the regulatory submissions. In particular they have helped fund lay members amongst which number I include myself as Lay Chair. Angela Cannon and John Francis as Chairpersons representing their members, continue to have the work of the Forum much in mind.

Most importantly the Forum has been able to enlist the considerable skills of Maureen O'Mara who has helped with her extensive experience of law and legislation relevant to the development of the National Occupational Standard (NOS), the Core Curriculum, compliance and governance.

Similarly a mainstay of the Forum and latterly the Secretary is Lynden Lane whose work for the Forum as a Lay Member has been immeasurable. Her loyalty, patience and perseverance at a time when the professional and governance work load might appear overwhelming, was critical to completing the task during the final three months in mid 2009.

The period of this report covers the financial years 2008 and 2009 during which time my predecessor Jenny Gordon led the organisation as Lay Chair, appointed by the Prince's Foundation for Integrated Health. The Forum is indebted to her for her work over several years and my recent appointment in July 2009 has now enabled the Forum to complete the regulatory submissions in due time, by October 2009.

The Annual Accounts for both years 2008 and 2009 are referred to in the Agenda.

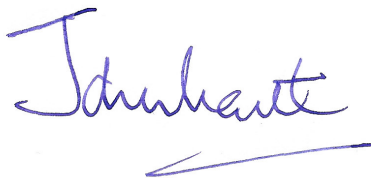
The Balance Sheet for 2008 shows a cash balance of £9,813 and cash reserves remain positive at £5,621 (31.12.09) in 2009 financial statements. As a 'not for profit' organisation, these balances are sufficient to enable the work of the Forum to continue as needed. The Funding by the Prince's Foundation for Integrated Health ended in March 2009. Ian Cambray Smith on behalf of the Foundation has provided expert guidance for the Forum and has always been available to offer his wisdom and experience in voluntary self regulation.

Without the many contributors who work largely unpaid with the Forum, critical matters could not move forward especially in education and CPD. Peter Briant, whose work in finance has created a solid base for the Forum and Richard Baverstock, who has enabled through the Website the communications medium for colleagues to obtain news and information.

I cannot thank everyone personally but I know how much each and every Bowen Forum Member has contributed, past and present. Your time, experience and guidance representing your member colleagues have been invaluable. Thank you to you all.

As the new Council of the CNHC continues its work I hope all of you will benefit and be rewarded by the challenge which this process offers. The professional opportunities for over 1,000 Bowen Therapists are there for all who wish to participate and I hope we can look forward to some new faces in 2010 to contribute to the important work of the Forum.

I wish you and all your colleagues good luck in this important work in 2010.

A handwritten signature in blue ink that reads "John Ogdon Lant". The signature is written in a cursive style with a long horizontal stroke at the end.

John Ogdon Lant
Chairman

Email: bowenagm@johnlant.co.uk

1. House of Lords. 2000. *Select Committee on Science and Technology. Six Report. Complementary and Alternative Medicine.* <http://www.parliament.the-stationery-office.co.uk/pa/ld199900/ldselect/ldsctech/123/12302.htm>

Cambridge
16 December 2009

The Accounts Report for the Year Ending 2008

The accounts for the 12 months ended 31 December 2008 are attached to this Report and being prepared on actual basis, therefore the Income and Expenditure for the year are as follows.

INCOME

The Forum generated an income of £6,082 during 2008, which was made up of membership subscriptions of £864, Grant income from the Prince's Foundation for Integrated Health (PFIH) of £4,925, ECBS being raffle prizes of £160, and bank interest received of £133.

EXPENDITURE

The Grant of £4,925 received from PFIH during the year 2008 was for the regulatory programme. This Grant is unrestricted in its use, and covers the Honorarium of £3,000 that was paid to our lay Chair, and £303 for expenses.

After the Honorarium, the other expenditure was of £154 for the website, and £239 for the AGM. General travel expenses of £529 and Room hire for £390. Mailing to the Members and postage of £9, and Peter Briant's expenses has been accrued for £113.

HSBC – Cash in hand at 31 December 2008 is £8,843

The Accounts Report for Year Ending 2009

The Accounts for the 12 months ended 31 December 2009 are attached to this Report and being prepared on actual basis, therefore the Income and Expenditure for the year are as follows.

INCOME

The Forum generated an income of £1,254 during 2009, which was made up of £1,250 of Grant Income from the Prince's Foundation for Integrated Health (PFIH) and bank interest of £4.

For the year 2009, there was no other Income, because the Restricted Grant from PFIH and other income are no longer active.

EXPENDITURE

The Honorarium for independent Chair was £1,500 with expenses of £130. Professional fees of £1,080 made up of Accountancy fees £80, and Professional fees to Bowen Forum of £1000. The website cost amounted to £46, General travel expenses amounted to £1,868, which hopefully will be reduced in the New Year as there will be less monthly meetings, and therefore Room hire will also reduce which is currently £733. Finally, Sundry expenses of £90 is spent on Committee farewell presents.

HSBC – Cash in hand at 31 December 2009 is £5,621.

THE BOWEN FORUM

BALANCE SHEET

FOR THE YEAR ENDED 31 DECEMBER 2009

	Notes	Total funds 2009 £	Total funds 2008 £
CURRENT ASSETS			
Debtors	1		2,114
Cash at Bank		<u>5,621</u>	<u>8,843</u>
		5,621	10,957
CREDITORS			
Amounts due within one year	2	0	(1,144)
NET CURRENT ASSETS		<u>5,621</u>	<u>9,813</u>
NET ASSETS		<u><u>5,621</u></u>	<u><u>9,813</u></u>
REPRESENTED BY			
Unrestricted Funds		5,621	9,813
Restricted Funds	3	<u>-</u>	<u>-</u>
		<u><u>5,621</u></u>	<u><u>9,813</u></u>